



m a s s a g e s

USE THE OPPORTUNITY TO BOOK A MASSAGE

Classic full-body massage	50 min.	€39
Classic partial-body massage	25 min.	€29
Relaxation massage	50 min.	€45
Cosmetic facial lymphatic drainage	20 min.	€28
Foot reflexology massage	25 min.	€35
Back reflexology massage	25 min.	€35
Indian head massage	25 min.	€35
Soft tissue release techniques	45 min.	€38
Banking	45 min.	€38
Honey massage	50 min.	€49
Pregnancy – massage for pregnant women	50 min.	€49
Anti-cellulite massage	50 min.	€49
Full-body lymphatic drainage	50 min.	€49
Thai full-body oil massage	50 min.	€49
Hawaiian Lomi Lomi massage	50 min.	€49
Lava stone massage	50 min.	€49
Myofascial massage	50 min.	€49
Chocolate massage	50 min.	€49



HOTEL
HUBERT



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WHAT YOU SHOULD KNOW!

Massage indications – when to get a massage

You can indulge in massage as a form of relaxation. It is also suitable for relieving the effects of fatigue and accumulated stress. Massage helps in easing and eliminating pain in your back and other parts of your body. Simply put, a massage is ideal for promoting physical and mental well-being.

Massage contraindications – when not get a massage

Massage is not done in the presence of any infectious disease, herpes, shingles, open wounds, internal injury, fever, malaise, unknown pain origin, cancer diagnosis or advanced osteoporosis. Similarly, legs are not massaged in the presence of varicose veins. Massage cannot be done under the influence of alcohol or similar conditions either. If you are unsure whether a massage is suitable for you, please consult a medical professional beforehand to get the maximum benefit from your massage. The massage client should be clean, including their feet (they are massaged during the full-body massage). If you experience any health issues that the massage therapist should be aware of, please let them know. If you feel disproportionate pressure at any time during the massage, please inform your massage therapist. You should also share any other facts that could affect your massage either positively or negatively.

Payments are made directly to the massage therapist (in cash). Booking a massage **is binding**.